

# know yourheart

## Athletic Screening Day

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Medical Resources NW PC

Athletes age 14 - 20 are encouraged to join ActionEcho for a **FREE** hypertrophic cardiomyopathy screening clinic

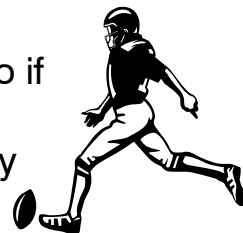
**Wednesday, September 3rd**

**8:00 a.m. - 8:00 p.m.**

**Kamiakin High School, 600 N. Arthur, Kennewick**  
(Parent permission is required)

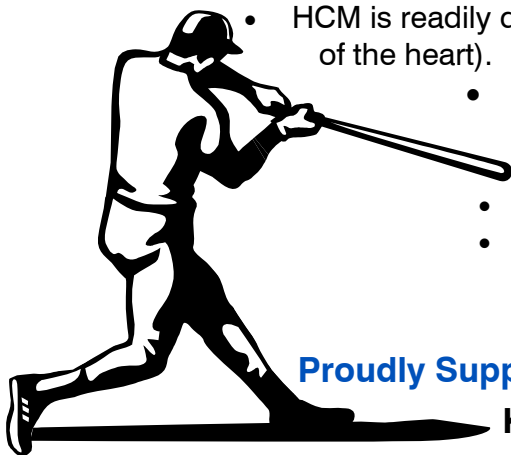


This clinic is for **all** athletes participating in **any** sports! So if you or a young athlete you know is involved in football, volleyball, basketball, swimming, track, soccer, tennis or any other endurance sport you need to get to this event!



### Get the FACTS!

- Hypertrophic cardiomyopathy (HCM) is an inherited condition that can cause sudden death in young athletes.
- HCM is readily detectable through echocardiography (an ultrasound picture of the heart).
- If detected early HCM can be managed to reduce the risk of serious consequences.
- An echocardiogram is a painless, non-invasive procedure
- The screening procedure will take 5 - 10 minutes
- Donations will be accepted and used to purchase an automated defibrillator for a local area high school!



**Proudly Supported by: The Make the DASH Count Foundation ★**

**Kamiakin High School ★Anthony Bates Foundation**

**For more information and permission forms go to**  
**[www.actionecho.com](http://www.actionecho.com) or call (509) 946-7540**